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YOU ARE YOUR OWN BRAND



1 Introduction

Your personal brand is your most valuable asset—it shapes how others perceive you and influences your earning potential. This workbook will guide you through defining your unique value, refining your image, and positioning yourself as an authority in your field. By the end, you will have a clear strategy to elevate your brand and create new income opportunities. Let's get started!

12 Welcome Page

Congratulations on taking this important step toward building a powerful personal brand! Your brand is more than just your skills or appearance—it's the unique combination of your expertise, reputation, and the way you present yourself to the world. When crafted intentionally, it becomes a magnet for opportunities, influence, and increased income.

This workbook is designed to guide you through defining your brand identity, refining your professional image, and positioning yourself for greater success. Each exercise will help you gain clarity, build confidence, and take actionable steps toward making your brand work for you.

Let's get started on the journey to mastering your personal brand and unlocking your full potential!



Define Your Personal Brand

Exercise 1: Identify Your Core Values

- List 5 values that guide your decisions and actions.
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- How do these values align with your professional goals?

Exercise 2: Your Unique Value Proposition (UVP)

- What skills, experiences, and qualities set you apart?
- Write a one-sentence UVP that communicates your value.



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Optimize Your — Image & Presence

Exercise 6: Social Media & Online Presence

- Review your LinkedIn, Instagram, and other platforms.
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- What content supports your brand? What needs to change?



95 Build Authority & — Monetize Your Brand

Exercise 9: Monetization Plan

- Identify at least one income stream related to your brand (consulting, speaking, digital products, etc.).
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- What are the first three steps to launching it?



Plan Final Steps & Action Plan

Recap of key takeaways
30-day personal brand action checklist.

Commitment statement: "In the next 30 days, I will [goal] by [action steps].





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